**Edwalton, Gamston & District U3A (EGDU3A)**

**Newsletter September 2019**

**Thurs 12 September, 2 pm – Monthly Meeting at Gamston Community Hall, NG2 6PS**

**There’s no such word as Can’t**

A presentation by **Emma Sheardown** (World ParaDressage Champion)

*Our Motto is ‘Live, Laugh and Learn’ – but most of all LAUGH!*

“[It is of primordial importance to learn more every year than the year before. Education is a process by which a person begins to learn how to learn”.](https://www.azquotes.com/quote/1125769) (*Peter Ustinov, 1921-2004*)

**Our Monthly Meetings** are held on the **2nd Thursday of the month** **at 2.00 pm in Gamston Community Hall (GCH)**.The Hall is near Morrisons supermarket and a short walk from the stop at Morrisons for buses 5, 7 and L/shopper. There is no August meeting.

**Planned Speakers for 2019-20**

**Thurs 10 October:** Speaker **Kay Gugliotta.** Theme **‘Chalk to Fork Heritage and Future’** – focussing on agricultural societies and county shows in Nottinghamshire.

**Thurs 14 November:** Annual Open Meeting. An opportunity to see what EGDU3A has to offer and to recruit new members.

**Thurs 12 December:** Speaker **David Skillen.** Theme **‘Knitters, Nailers and Traitors’** – about Belper and the Industrial Revolution.

**Thurs 9 January:** Speaker **Victoria Preece** from Southwell Workhouse. Theme **‘Tales from the Workhouse’.**

**Thurs 13 February:** Speaker **Rosemary Gibson**. Theme **‘History of the Grantham-Nottingham Canal’.**

**Thurs 12 March:** Speaker **Ann Featherstone**. Theme **‘Understanding Joseph Merrick, the Elephant Man’.**

**Did You Know?**

**Riviera Travel:** EGDU3A members with a membership card who book a holiday via Riviera Travel can benefit EGDU3A itself. When you pay the cost of your holiday, EGDU3A will receive 10% of the purchase price. Tel 01283 742300 and mention Edwalton, Gamston and District U3A when booking. Brochures are available from [www.utariviera.co.uk](http://www.utariviera.co.uk). See Mike Brandt (Membership Secretary) for a membership card.

**Broadway Cinema:** U3A members can enjoy special rates at The Broadway Cinema for their Silver Screen Showing each Thursday at 10.30 am or 1.30 pm unless shown otherwise. Show your U3A membership card and the price is £4.50 including tea or coffee and a biscuit. See Mike Brandt for a membership card.

**Legal Helpline:** U3A members can access a 24-hour Legal Helpline by phoning 0344 770 1040 and quoting U3A Legal Helpline.

**Community Save a Life Scheme:** This is a FREE online national training scheme designed to teach everyone basic life-saving skills. It can be accessed by visiting the following website: [www.virtual-college.co.uk/prepared](http://www.virtual-college.co.uk/prepared).

**Just Go Holidays:** Interested in organising a coach holiday? Just Go Holidays offer tailor-made group travel at home and abroad. They have long experience of organising excursions with varied pick-up points. If interested visit [www.justgoholidays.com](http://www.justgoholidays.com).

**Free Guide on How to Live a Healthier Life:** An Australian doctor (Roger Smith) has published a book entitled ‘Take a Simple Drive to a Healthier Life’ and has made it available for free as an ebook. It is also free via Kindle on Amazon and as a download from the website thesimpledoctor.info.

**EGDU3A Website**

Our website (<https://edgamu3a.weebly.com>) provides information and pictures about the monthly meetings, how to join, range of interest groups and other matters. Our Webmaster, Steve Barrett, would welcome comments, ideas, photos, group updates, etc. Please contact Steve at [sbaru3a220@yahoo.com](mailto:sbaru3a220@yahoo.com) or edgamu3a.weebly.com

Please note that we now have a Facebook page which members can access via our website home page. In addition, news items and photos can be emailed to Sandra Morrey at sandra@morrey.biz

**Your Executive Committee Members**

**Chair:** George Golledge, gosh.golledge@ntlworld.com

**Vice Chair:** Currently vacant

**Treasurer:** Richard Davis, [richarddavis803@gmail.com](mailto:richarddavis803@gmail.com)

**Business Secretary:** Sandra Morrey, sandra@morrey.biz

**Membership Secretary:** Mike Brandt, mikebrandt100@gmail.com

**Group Coordinator:** Michael Groves, grovesfamily@hotmail.com

**Outings Coordinator:** Joan Mayhew, [joanmayhew@hotmail.com](mailto:joanmayhew@hotmail.com)

**Webmaster:** Steve Barrett, [sbaru3a220@yahoo.com](mailto:sbaru3a220@yahoo.com)

**Newsletter Editor:** Terry Mayhew, terry.mayhew@nottingham.ac.uk

**Speaker Seeker** (see Advert below)**:** Frank Hard, hard552@sky.com

**Minute Taker and Door Keeper:** Jill Kelly, william.kelly60@ntlworld.com

**Refreshments:** Sue Ambler, sue.ambler@icloud.com

**Publicity:** Martin Ambler, martin.ambler@btinternet.com

**Past Chair:** Chris Shaw, [chrisshaw20038@hotmail.com](mailto:chrisshaw20038@hotmail.com)

**Post Pending:** Carole Shuttleworth, cys@theshuttleworths.co.uk

**Advert: Speaker Seeker vacancy**

We are seeking a replacement for our current Speaker Seeker (Frank Hard) who will be standing down in November 2019. The job involves seeking out, contacting and booking speakers for our monthly meetings. We currently have bookings up to and including July 2020.

The position calls for good communication and organisational skills and some basic IT, using email as the main means of contact. Enquiries are often received via our website or members of the Committee and then passed on to the Speaker Seeker to pursue. In addition, a Speaker Seeker Group has been established recently with the aim of sharing speaker information across Nottingham U3A groups.

If required, full support will be given by our current Speaker Seeker while the new person settles into position. Applications should be made to the Executive Committee Chair, George Golledge, on gosh.golledge@ntlworld.com.

**Your Interest Groups and Events**

If you have ideas or would like to start an Interest Group, contact Mike Groves (Groups Coordinator) at a monthly meeting or at [grovesfamily@hotmail.com](mailto:grovesfamily@hotmail.com). If there is something, e.g. general equipment, that you need for your group, please let Mike Groves or Richard Davis (Treasurer) know so that we can plan appropriate funding. For example, a new group could obtain funding for an invited speaker if their first meeting is open to all members.

**Potential New Interest Groups**

**Sunday Singles.** The group is officially launched! At a meeting on 8 August, potential members shared ideas and agreed a way forward. We plan to hold a regular Sunday event once a month, together with *ad hoc* events suggested by members. Ideas include pub walks, cinema and theatre trips (including a Christmas panto), musical events, exhibitions – the possibilities are endless! Members will share the organisation. The first event will be lunch at the Meadow Covert on **Sun 22 Sept** at 12 noon (table booked under U3A). If you were not at the initial meeting but would like to join the lunch, or for further information, contact Cherry Brandon on c.brandon2@ntlworld.com.

**Board Games Group.** Would you be interested in an afternoon group possibly starting up in September at a date and time to be decided? Board games could include Qwirkle, Rummikub, Tri-ominos or others suggested by members. If interested, please contact Pauline Barrett at [tollertonpolly220@gmail.com](mailto:tollertonpolly220@gmail.com).

**Concert-Goers Group.** Following a performance by Radcliffe Ladies’ Choir in July, it was suggested that there might be interest in a group organising trips to various concerts. A possible start-up date is September. If you would be interested in such a group, please contact Chris Shaw at 0115 974 5512 or chrisshaw20038@hotmail.com.

**Refreshment Duty Rota at Monthly Meetings**

Interest Group members take turns to manage ‘tea and biscuits’ at our monthly meetings in GCH. For the next meetings, responsibility falls as follows:

**Thurs 12 Sept:** Painting Group **Thurs 10 Oct:** Photography Group

**Current Interest Groups**

**PLEASE NOTE:** As a matter of courtesy, would members of Interest Groups please advise their Group Leaders/Contacts in advance if they are not able to attend scheduled meetings.

**Art Appreciation.** We meet on the 3rd Wednesday morning of the month. Venues usually rotate through members’ homes. We meet next on **Wed 18 Sept** at 6 The Paddocks, Edwalton when we will discuss ‘Laura Knight, Part 2’. For further information, please contact Roy Townsend at roy.townsend@btinternet.com

**Book Group.** Meets on the 2nd Tuesday of the month at 2.30 pm in a member’s home. New members are welcome. The next meeting will be on **Tues 10 Sept**. For further information, please contact Roy Townsend at roy.townsend@btinternet.com

**Bridge Group.** Meets at 2.15 pm every Tuesday in a member’s home. New members (seasoned players or beginners) are welcome. Come along, you don’t need a partner. For further information, contact Ann Widdowson at annwid62@gmail.com

**Chatterbox Group**. Meets on the 2nd Wednesday of the month at 11.00 am in The Meadow Covert. The next meeting is on **Wed 11 Sept**. Please try and come. For further information contact Chris Shaw at 0115 974 5512 or chrisshaw20038@hotmail.com

**Craft Group.** Meets on the 1st Monday of the month, usually at 10.00 am in The Holy Spirit Social Centre, Victoria Rd, West Bridgford. We meeting next on **Mon 2 Sept** for a craft workshop. Members are invited to bring along any project on which they are currently working. On **Mon 7 Oct**, Chris Shaw will lead a session on framing our work such as cross stitching. For further information, contact Prue Brandt at pruebrandt@hotmail.com

**Craft Project Group.** We are affiliated to the Craft Group but have our own agenda. We meet at 10.00 am on the 3rd Monday of the month at the home of a group member. The next meeting is on **Mon 16 Sept**. For further information, contact Sue Harding at susan.harding66@outlook.com

**Family History Group.** Meets at the Willow Tree pub on the 1st Monday of the month at 2.00 pm. The next meeting is on **Mon 2 Sept**. Do come along if you are searching for your ancestors. For further information, contact Ann Widdowson at annwid62@gmail.com

**French.** This is a small group of learners and competent speakers seeking to improve their reading, writing and speaking skills. We meet at 11.00 am in The Meadow Covert pub on the 3rd Wednesday of the month. On **Wed 18 Sept**, the theme will be ‘L’Automne’. For further information, contact Terry Mayhew at terry.mayhew@nottingham.ac.uk

**Gardening.** We meet usually on the 1st Thursday of the month at members’ homes or other locations. Note that we will meet next at 2.00 pm on **Thurs 5 Sept** in the café at Nottcutts Garden Centre when we will plan the year’s program. Please come along with ideas! New members are welcome to join us. For further information, please contact Fiona Steele, on 0115 981 2780 or at [fionasteele23@hotmail.co.uk](mailto:fionasteele23@hotmail.co.uk)

**History.** We study many aspects of History and welcome suggestions from members. We meet usually at 2.00 pm on the 2nd Monday of the month in the Willow Tree pub. However, our next meeting is at 2.30 pm on **Mon 9 Sept** at Hucknall Parish Church. Members will receive an update nearer the time. Due to size constraints, the group is now full but, if you are willing, you could start up a new group. Please contact Patricia Gammons (Liaison/Coordination) for further information.

**Italian.** We are a mix of beginners and improvers with room for new members. This month, we will convene on **Mon 9 Sept** at 2.00 pm in the Meadow Covert pub to review the days on which we wish to meet. If you are interested in joining us, let Chris Shaw know indicating the days which are not convenient for you. The course book is the DK 15 Minute Italian (ISBN 978-4093-7759-7, price £7.99 or, with CD, £25.00), plus any phrase book you can pick up from a charity shop (DK and Berlitz are good). For further information, contact Chris Shaw at chrisshaw20038@hotmail.com or on 0115 974 5512.

**Lunch Club.** An opportunity to meet socially over lunch at a different venue each month. Come and join us. Pay for yourself on the day. At each venue, we decide a date and place for the next meeting. If you need a lift, let us know. The next meeting (to be confirmed) will be at The Frame Breakers, High St, Ruddington NG11 6DT at noon on **Thurs 19 Sept**. For further information, contact Mike Groves at grovesfamily@hotmail.com

**Music Appreciation.** We will meet on **Mon 9 Sept** at 2.30 pm in the Meadow Covert to discuss details of when and where to meet and future ideas for the group. For further information, contact Chris Shaw at [chrisshaw20038@hotmail.com](mailto:chrisshaw20038@hotmail.com) or on 0115 974 5512.

**Outings Group.** Please sign up at one of our monthly meetings to join an outing. For further information, contact Joan Mayhew at [joanmayhew@hotmail.com](mailto:joanmayhew@hotmail.com). Planned events:

**Tues 5 Nov 10.30 am:** Glass Making Workshop, Tollerton, cost £22. Make a Christmas decoration, fused glass bowl or coaster. You can sign up as a reserve and, at present, there is 1 spare place!

**Tues 3 Dec 10.30 am:** Drive On for 50+ Years, cost £5 (incl tea/coffee & biscuits). Via East Midlands Road Safety Team will deliver road safety education, information and an awareness session for over-50 drivers. Many things alter with age and this event is designed for those who may have gained their licence many years ago. It is delivered in a relaxed and light-hearted manner with activities, advice and a quiz to prolong and enhance your driving. We all need updating. Venue: West Bridgford Baptist Church Hall, Melton Rd, NG2 7NF.

**Interested in Future Visits?** The Outings Team will meet soon to discuss possible Outings for 2020. We are happy to revisit places you may have missed and welcome new ideas. We are also considering visits to places further afield but would like to know if this appeals to you? Could you please sign up (without commitment) at the next Monthly Meeting if you would be interested in visiting the following sites in Staffordshire: National Brewery Museum (Burton-on-Trent), Amazon Warehouse (Rugeley) or Gladstone Pottery (Stoke-on-Trent). What about a Great Central Railway ‘fine dining’ trip, cost £35?

**Painting.** We meet on the 3rd Thursday of the month at 10 am at the home of Josephine Cutts. We meet next on **Thurs 19 Sept** for the topic ‘Anything Soft’. This group is presently full with a short waiting list to join. For further information, please contact Josephine Cutts at etndil@icloud.com

**Photography for Fun.** We meet on the 3rd Monday of the month at 2.00 pm in Holme Pierrepont & Gamston Village Hall. Each session, we allow 8 photos per person to permit more in-depth discussion. However, with a growing membership, we are short of time to evaluate the results at each meeting and so we need to consider how to proceed in future. The next meeting is on **Mon 16 Sept** and the objective is to show 8 different objects denominated by the letter ‘H’. The Group Leader will award a small prize to the shot he considers the most innovative. For further information, please contact Stan Darling at [stan@darlings.org](mailto:stan@darlings.org)

**Science.** We meet at 2.00 pm on the 3rd Wed of the month in Holme Pierrepont & Gamston Village Hall. There is a charge of £2 per group member to cover the cost of hiring the hall. Our next meetings are on **Wed 18 Sept** (speaker Stan Darling; title ‘Antibiotics’), **Wed 16 Oct** (to be decided) and **Wed 20 Nov** (speaker Julian Ellis; title ‘Tomorrow’s Textiles’). If you are interested in attending, please contact John Todd on [johnh.todd@yahoo.co.uk](mailto:johnh.todd@yahoo.co.uk) or 0115 914 7074 or 07590 571945

**Scrabble.** We meet on the 3rd Monday of the month from at 2.00 pm at a member’s home on a rotational basis depending on commitments. Our next meeting is on **Mon 16 Sept**. This is friendly, social group and the main aim is simply to enjoy ourselves. We keep no records of winners or losers and there is no league. New members are always welcome! For further information, contact Sue Brittain at suebrittain@hotmail.co.uk

**Shakespeare Play Reading Group.** We meet on the 4th Thursday of the month at 2.15 pm at the home of Josephine Cutts. The next meeting is on **Thurs 26 Sept** when members will be reading parts from ‘The Tempest’. For further information, please contact Josephine Cutts at etndil@icloud.com

**Singing for Fun Group.** We will meet on **Mon 9 Sept** at 2.30 pm in the Meadow Covert to get to know each other and to discuss dates and what we want to do. Come along and introduce yourself. No auditions, just come along and enjoy! For more information, contact Chris Shaw at [chrisshaw20038@hotmail.com](mailto:chrisshaw20038@hotmail.com) or on 0115 974 5512.

**Spanish Group.** We are studying Unit 11 of Pasos 1 Spanish Beginners Course and meet on the 2nd and 4th Mon of the month at 11.00 am in the Meadow Covert. The next dates are **Mon 9 and 23 Sept** when we will do some general revision focussing on the weather and natural phenomena. Then we will study how to express our feelings, to describe what we do and to use the phone and other means of communication. We will focus on future tenses, the present continuous and expressions using the verbs ‘hacer’ and ‘tener’. For further information, please contact Janet Fishel at [janetfishel@yahoo.com](mailto:janetfishel@yahoo.com)

**Stamp Collectors’ Group.** Meets occasionally at the home of John Todd. The stamp collecting group has not met recently. We welcome anyone who wants to show us their collection. We are not experts so meetings are very relaxed. For further information, or to join, contact John Todd at johnh.todd@yahoo.co.uk or 0115 914 7074

**Walking Group.** Meets at 10.00 am on the 3rd Tuesday of the month outside Gamston Community Hall. Our next date is **Tues 17 Sept** for a stroll along the canal and footpaths and ending at the Meadow Covert at about 11.45 am. Please let Jean know if you intend walking. If you are interested in continuing with a revitalised group (maybe a different day and format), come and join us around noon to consider the future as Jean is retiring from leadership. If you are interested in the future but cannot make this get together, please contact Jean Hudson at [egdu3awalks@gmail.com](mailto:egdu3awalks@gmail.com) or on 07865 663118

**Wine Tasting Group.** Meets at 2.00 pm on the 4th Wednesday of the month in Holme Pierrepont & Gamston Village Hall. W meet next on **Wed 25 Sept**. Details of the wines to be reviewed and sampled will be supplied beforehand. Our group is very much centred on the “Live, Laugh and Learn” approach without getting too serious. For further information, contact Richard Davis at richarddavis803@gmail.com or on 0115 981 2970

**Writing for Fun.** We meet at 10.30 am on the 1st Thursday of the month at the home of a group member. On **Thurs 5 Sept**, the topic will be ‘The Leader or Leadership’. Due to size constraints, the group is now full. For further information, contact Pauline Barrett at [tollertonpolly220@gmail.com](mailto:tollertonpolly220@gmail.com)

**Diary Summary of This Month’s Events and Interest Groups**

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| --- | --- | --- | --- | --- | --- |
| **Order of**  **Day in**  **Month** | **Monday**  2nd,9th,  16th,23rd,30th | **Tuesday**  3rd,10th,  17th,24th | **Wednesday**  4th,11th,  18th,25th | **Thursday**  5th,12th,  19th,26th | **Friday**  6th,13th,  20th,27th |
| **1st am** | 2nd Craft Group |  |  | 5th Writing for Fun  5th Gardening |  |
| **1st pm** | 2nd Family History Group | 3rd Bridge |  |  |  |
| **2nd am** | 9th Spanish |  | 11th Chatterbox |  |  |
| **2nd pm** | 9th History  9th Italian, Music Appreciation and Singing | 10th Book Club  10th Bridge |  | **12th Monthly Meeting at GCH** |  |
| **3rd am** | 16th Craft Project Group | 17th Walking Group | 18th Art Appreciation  18th French | 19th Painting Group  19th Lunch Club |  |
| **3rd pm** | 16th Photography for Fun  15th Scrabble | 17th Bridge | 18th Science |  |  |
| **4th am** | 23rd Spanish |  |  |  |  |
| **4th pm** |  | 24th Bridge | 25th Wine Tasting | 26th  Shakespeare Play Reading |  |
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**Summary Information about Interest Groups**

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| --- | --- | --- | --- |
| **Group** | **Meetings** | **Leaders** | **Contacts** |
| **Art Appreciation** | 3rd Wed am | Roy Townsend | roy.townsend@btinternet.com |
| **Book Club** | 2nd Tue 2.30pm | Roy Townsend | roy.townsend@btinternet.com |
| **Bridge** | Each Tue 2.15pm | Ann Widdowson | annwid62@gmail.com |
| **Chatterbox** | 2nd Wed 11am | Chris Shaw | chrisshaw20038@hotmail.com |
| **Crafts** | 1st Mon 10.00am | Prue Brandt | pruebrandt@hotmail.com |
| **Craft Project** | 3rd Mon 10.00am | Susan Harding | susan.harding66@outlook.com |
| **Family History** | 1st Mon 2.00pm | Ann Widdowson  Paul Hudson | [annwid62@gmail.com](mailto:annwid62@gmail.com)  phudson@aol.com |
| **French** | 3rd Wed 11.00am | Terry Mayhew | terry.mayhew@nottingham.ac.uk |
| **Gardening** | 1st Thurs pm | Fiona Steele | fionasteele23@hotmail.co.uk |
| **History** | 2nd Mon 2.00pm | Pat Gammons | Pat Gammons |
| **Italian** | Contact Chris Shaw | Chris Shaw | chrisshaw20038@hotmail.com |
| **Music Appreciation** | Contact Chris Shaw | Chris Shaw | chrisshaw20038@hotmail.com |
| **Outings** | See Newsletter | Joan Mayhew | joanmayhew@hotmail.com |
| **Painting** | 3rd Thurs 10.00am | Josephine Cutts | etndil@icloud.com |
| **Photography for Fun** | 3rd Mon 2.00pm | Stan Darling | stan@darlings.org.uk |
| **Science** | 3rd Wed 2.00pm | John Todd | johnh.todd@yahoo.co.uk |
| **Scrabble** | 3rd Mon 2.00pm | Sue Brittain | suebrittain@hotmail.co.uk |
| **Shakespeare Play Reading** | 4th Thurs 2.15pm | Josephine Cutts | etndil@icloud.com |
| **Singing for Fun** | Contact Chris Shaw | Chris Shaw | chrisshaw20038@hotmail.com |
| **Spanish** | 2nd and 4th Mon 11.00am | Janet Fishel | janetfishel@yahoo.com |
| **Stamp Collecting** | Occasional | John Todd | johnh.todd@yahoo.co.uk |
| **Walking** | 3rd Tue 10.00am | Jean Hudson | egdu3awalks@gmail.com |
| **Wine Tasting** | 4th Wed 2.00pm | Richard Davis | richarddavis803@gmail.com |
| **Writing for Fun** | 1st Thurs 10.30am | Pauline Barrett | tollertonpolly220@gmail.com |