



12th October

Steve Walsh - Security

*How to keep you and your property safe
(ex police advisor)*

Hello Everyone. The verdict is open as to whether autumn has arrived or whether we have gone straight to winter. Dark nights are here, so a good time to take some advice on how to keep yourself safe. I have heard Steve at the retirement talks I do, and it is very useful!

2018 U3A Diaries

There will be next year's U3A diaries available at the meeting, so if you are interested please see Pauline.

Friary Cake Sale - a big thank you from the Friary Centre:-

"On behalf of the trustees, staff and visitors I would like to express grateful thanks to Edwalton & Gamston U3A for the generous gift of £60. Gifts such as these are vital to help the Friary provide services that are devoted to empowering homeless and vulnerable adults to rebuild their lives by offering practical services, advice and emotional support. Please pass on our thanks to all those involved. With many thanks and much appreciation for your donation."

A big thank you to the groups who are managing our refreshments at the main meetings. September was Gardening, October will be History. However, for the November meeting, could we please have individual volunteers for the Open meeting when groups will be busy at their stalls.

Our next meeting of Edwalton, Gamston & District U3A is on **Thursday 12th October** at the **Gamston Community Hall (NG2 6PS) from 2 to 4 p.m.** For more information on the club programme our website is <http://edgamu3a.weebly.com> or email chrisshaw20038@hotmail.com

LIVE, LAUGH & LEARN - BUT MOST OF ALL LAUGH!!!

Chris Shaw, Chairman

Did you know - A speaker for an Oxford Club on the subject of "*Old age, absent mindedness and keeping fit*" forgot to turn up.

Conductor Sir Thomas Beecham (of the Beecham's powders family) forgot who he was talking to (Princess Mary) and asked her what her brother was doing these days - "*still King*" she said.

Speakers for 2017/18

9 th Nov	Open Meeting - <i>Your chance to find out what we can offer. Introduce a friend!</i>
14 th Dec	John Todd - <i>Can we improve our NHS?</i> <i>John has worked extensively in the health service since the 60s, and was latterly involved in Healthwatch</i>
2018 11 th Jan	Bob Wildgust - <i>Theatre Life in Nottingham 1760 - 1965</i> <i>+ sound clips and videos of variety acts onstage.</i>
8 th Feb	Jyoti Malde - <i>Richard III - The King in the Car Park</i> <i>Not the hunchback villain of Shakespeare but a king killed in battle in Leicester.</i>
8 th Mar	Ken Heathcote - <i>Dogs for Good (Helpers for Disabled people)</i> <i>Demonstrating how his dog Piper can assist Ken in his daily life.</i>
12 th Apr	John Grubb - <i>the RNLI</i> <i>From rescues to prevention, the lifeboats we rely on at our coast.</i>
AGM 10 th May	Ian Morgan - <i>Pestilence, Intrigue and Murder</i> <i>Survival in bygone times of illness and instability.</i>
14 th Jun	Maggies Cancer Charity - <i>Centres for Cancer patients</i> <i>How they help and support patients with specialist advice when needed.</i>
12 th Jul	Fudge Glorious Fudge - <i>Talk on Homemade & Handmade Fudge</i> <i>+ a chance to try and buy the locally produced goods.</i>
10 th Aug	Please note there will be no meeting in August - Informal coffee at Meadow Covert 

Please Note

The **Photography exhibition** is still on at the West Bridgford Library. It changes every week so go along and have a look.

If you have a friend who is interested in the U3A, bring them along to the November meeting at the Gamston Community Hall, near Morrisons, where we have our groups on display with plenty to see and people to ask questions about what the groups do.

Riviera Travel - U3A bonus.

10% of the final cost of a U3A member's holiday is donated to our U3A club whether travelling as a group or as an individual. Members need to book by phone not online by calling 01283 742300 to talk to a member of the reservation team, they need to mention U3A and they need to mention the name of our club. Lines are open 9 to 5 Monday to Friday and 9 to 1pm. on Saturday (January and February only). To order a free brochure email www.utariviers.co.uk. For group enquiries the groups phone number is 01283 742322.

Your Interest Groups and Events

If you want to start a group contact one of the committee, below or at a meeting. Do you have any ideas, especially if it is one you want to open? If you are not on email, please call/text 0790 607 2251 for information, giving a name and contact number.

Music Appreciation – We had our first meeting at the Meadow Covert to discuss what, when and where. Meeting at member's houses, the host for that day will provide some items and other members will bring an item of their choice. We will talk about why we like what we hear. Nothing technical. From Mozart to Miller, Bach to Blues, bring your favourite along.

Originally we intended to meet on the first Wednesday but, until January, this will be on the first **Friday, 6th October 2.30 at Christine Choong's house**. Please contact Chris Shaw for the address if you wish to come. Chris Shaw will also be at the Meadow Covert on **Wednesday 4th October** from 2 to see if members also want a Wednesday meeting until then.

For information contact **Chris Shaw** on chrisshaw20038@hotmail.com or 0115 974 5512.

To all Groups - Wish List

Is there something - general equipment - that you need for your group activities?

We are interested in your wish list items. Please let Mike Groves and Richard know, so we can plan this year's use of funds to your best effect.

Active Groups

Art Appreciation We meet every third Wednesday. The next meeting is **Wednesday 18th October** but there has been a lot of variation on that to accommodate members. Locations rotate through members' houses. For information contact **Roy Townsend** at roy.townsend@btinternet.com

Book Group The Book Group members are meeting on **Tuesday 10th October**. We meet on the second Tuesday of the month. New members very welcome, current numbers 12. For information, please contact **Roy Townsend** on roy.townsend@btinternet.com

Bridge Group The group meets regularly every Tuesday afternoon. New members always welcome. Just come along, you don't need a partner. If you are interested please contact me **Ann Widdowson** at annwid62@gmail.com

Craft Group The next meeting of the group will be on **Monday 2nd October** at the usual time of 10-12 at the Holy Spirit Social Centre. The Stitching, Sewing and Hobbycraft Show is being held at the NEC Birmingham. Please could I remind anyone interested in our outing to the NEC, who has not contacted me, to do so as soon as possible as we need to book our train tickets.

The autumn meetings are as follows:

- October 2nd: Making lavender bags.
- November 6th: Jewellery making.
- December 4th: A Christmas work shop.

Sessions are on the first Monday of the month from 10 -12 at the Holy Spirit Social Centre in West Bridgford. Contact **Prue Brandt** on pruebrandt@hotmail.com or 0115 9234 383

Craft Project Group Meets on the third Monday of each month from 10-12 noon in members' houses. Group Co-ordinator is **Sue Harding**. For further information please contact Sue at Susan.harding66@outlook.com. Please note this is an affiliated group to the Craft Group but has its own agenda.

Family History Group – We start back on **Monday 2nd October** (first Monday of the month) at 2pm. Please note this will be at 10 Stamford Road. For information please contact **Ann Widdowson** at annwid62@gmail.com

We are an enthusiastic group of amateur genealogists who are busily finding out 'Who We Think We Are'. It is a very addictive, fascinating and fulfilling hobby. A wonderful study of social history through the generations. Come and find out about your family's past. Both Ann Widdowson and Paul Hudson are experienced researchers. There is a "help" session at West Bridgford Library usually on the last Friday of the month 1.30 to 4.00 for those who cannot meet us on Monday.

French The French Group meets at 11.00 am in The Meadow Covert pub on the 3rd Wednesday of the month. Our next meeting is at 11 am on **Wednesday 18th October**. It is a small mixed-ability group of learners and competent speakers. The group seeks to help all to improve their understanding, vocabulary, reading, writing and speaking of French. As of 20 September 2017, Terry Mayhew agreed to take over from Cherry Brandon as the group's coordinator. For information, please contact **Terry** at terry.mayhew@nottingham.ac.uk.

Gardening Trip to the Arboretum **Thursday 5th October at 2 pm**. Just a reminder about our visit to Nottingham Arboretum to see the gardens and in particular the dahlias. We are meeting at 2pm at the Waverley Cafe which is at the Waverley Street entrance to the park. Entrance to the park is free. Look forward to seeing you there, it should be an interesting visit, fingers crossed it's a beautiful day for our last Garden Group visit of 2017.

Transport :-

Tram - The Arboretum leaflet recommends the 'High School' stop as being the nearest, there is also one at Nottingham Trent University on Goldsmith St which I think looks nearer - I have attached a link for you to choose. <http://www.thetram.net/maps-and-stops.aspx>.

Parking - available for blue badge holders which must be **made by prior arrangement** on 0115 9152733 however I'm not sure how close it is to the Waverley Street entrance.

Any visit queries please contact me on sheilaburrows55@hotmail.com or 07968 677973. For further information see the attachments and link below.

<http://www.nottinghamcity.gov.uk/events-markets-parks-and-museums/parks-and-open-spaces/find-your-local-park/nottingham-arboretum/>

For general details please contact **Beverley** or **Sheila** on bevclare.bc@gmail.com, or sheilaburrows55@hotmail.com.

History Group The History Group will meet at 2-00pm at the Meadow Covert on **Monday, 9th October**. Please do bring topics and ideas to discuss

Do not forget to book on the **outings trip to Southwell Minster and Palace**, (October visit) if you want to go and did not do so at the last general meeting in the hall. Mike suggested we might like to join the group.

For further information please contact **Paul Hudson** on 0115 923 1032 or phudson@aol.com

Lunch Club The next lunch club meal will be at The Test Match pub on Thursday 31st **October**. Meet there for 12. If you are coming, please let **Martin Ambler** know so he can reserve a large enough area @ martin.ambler@btinternet.com. We will again decide a place for the next month when we meet. The suggestion is to meet once a month in a different venue for lunch with a member to be responsible only for one month, choose the venue and then book a table. It is an opportunity to meet up socially for an hour or so. If you wish, come along and try us out. Do you need a lift? Let us know.

Outings group Please sign up at general meetings. To join or for general information contact **Joan Mayhew** on joanmayhew@hotmail.com.

- **Monday October 23rd - Southwell Minster and Archbishop's Palace** - £7.50 - must sign up and pay by the October 12th main meeting.
Contact is **Mike Groves** grovesfamily@hotmail.com.

- **Tuesday November 7th – County Emergency Centre** – morning guided tour, free, maximum 14. Contact is **Cherry Brandon** c.brandon2@ntlworld.com
- **Monday 4th December – Christmas Meal/Pub Quiz** 7pm Meadow Covet £14 (2 courses) or £16 (3 courses). sign up/meal choices at 12th October main meeting.
- **January- Spire Hospital Tour** 6.30/7.00 – date to be confirmed.
Buffet and drinks, plus tour of the facility and meeting staff, still spaces on list (max 30).
Contact is **Chris Shaw** chrisshaw20038@hotmail.com.
- **Wednesday 14th February- County Archives** 2.30-4pm.
Behind the scenes tour of building and introduction to the Archive Services £5
Contact is **Cherry Brandon** c.brandon2@ntlworld.com
- **Thursday 1st March – BBC Tour** - Contact is **Mike Groves** grovesfamily@hotmail.com
- **March- Geological Survey Tour** Keyworth.
- **April- Stoneywell National Trust.** Contact is **Mike Brandt** mikebrandt100@gmail.com
- **Tuesday 15th May- Veolia Recycling Centre**, Mansfield – 10.30-12.30pm Free.
See how your waste is treated and how to be more efficient at recycling.
- **June- Canal Boat trip** details to follow.

Did You Know – Nottingham U3A Network has negotiated special rates for U3A members at The Broadway Cinema for their Silver Screen Showing on Thursdays. Normal price is £5 but if you show your U3A membership card it is £3.50 and includes tea or coffee and a biscuit. If you need a membership card see **Mike Brandt**. Most films for Silver Screen are shown at 10.30am or 1.30pm unless shown otherwise. For information contact **Cherry Brandon** on c.brandon2@ntlworld.com. Watch for the month's brochure on the information table, near the noticeboard.

Painting The next meeting will be **Thursday 19th October** from 10 to 12 am. We meet on the 3rd Thursday of the month. The topic this month will be **Out of the Kitchen**. As always use it as a starting point and you can be inventive. I look forward to seeing you. For information please contact **Josephine Cutts** on etndil@icloud.com.

Photography for Fun We meet on **Monday 16th October** (3rd Monday of the month) at Gamston Village Hall from 2-4pm. For more information please contact **Stan Darlings** at stan@darlings.org.uk Our next meeting is on 16th October at the Village Hall 2-4 pm. We will be viewing members photos taken on the subject of PAIRS or even pears!. For the group meeting in November we are hoping to put on a display of members' photos taken during the course of the last year.

Scrabble We meet on the 3rd Monday of the month, 2 – 4 pm, at members' houses on a rota basis. We play for fun but are always playing to win obviously. No record of wins or scores is kept. Contact **Sue Brittain** on suebrittain@hotmail.co.uk.

Singing for Fun Our next meeting will be at 10 – 12 am on **Wednesday 11th October** (2nd Wednesday of the month) at the new Gamston Village Hall, in Old Tollerton Road. Are there any members who fancy coming along for our brand of informal singalong? We are a happy, lunatic band who do not bite and are all just interested in having fun – hence the name – **come along and try us**. Last time we revisited Abba, Elvis and Sinatra to see if we were in good voice!

If you would like to join us and know more, please contact **Chris Shaw** on 0115 974 5512 or chrisshaw20038@hotmail.com .

Beginners' Spanish level 2 We meet twice a month. These sessions take place on the 2nd and 4th Mondays of the month from 11-12.30 at the Meadow Covert and are suitable for learners who already have some knowledge of Spanish, as the group has now been meeting for almost 2 years. We use Pasos 1 Spanish Beginners course - both the Student and the Activity book – together with a variety of hand-outs for practice and reinforcement. All 4 linguistic skills - reading, writing, listening and speaking - are covered, and basic grammatical structures are explained. Please contact **Janet Fishel** on janetfishel@yahoo.com

Stamp Collecting Group I lead the stamp collecting group. Initially a Philately group was requested but none of us have that level of knowledge. Instead we each have a collection of stamps we collected when young or inherited, hence "stamp collecting". If interested, contact **John Todd** on johnh.todd@yahoo.co.uk.

Walking Groups - Short and Medium Please note changes -

The medium distance walk (4-7miles) will now be on the 2nd Tuesday of the month and the short stroll (2-3miles) will be on the last Wednesday of the month

Medium Walk Tuesday - please contact Jean for details.

Short Walk Wednesday- please contact Jean for details.

For information please contact **Jean Hudson** on egdu3awalks@gmail.com.

Wine Tasting Group Our next meeting is on **Wednesday 25th October** when we will be continuing our tasting journey through the Italian Wine regions. We meet on the 4th Wednesday of each month at 2 pm in Holme Pierrepont & Gamston Village Hall. Our group is very much centred on the "Live, Laugh & Learn" approach without getting too serious. If you have any queries please contact **Richard Davis** on 0115-9812970 or richarddavis803@gmail.com

Writing for fun Our next meeting will be on **Thursday 5th October**, at Terry Mayhew's house. Our topic will be: *Eureka!*. For information contact **Pauline Barrett** on 0115 937 4817 or paulinebarrett@hotmail.co.uk.

EGDU3A Website <http://edgamu3a.weebly.com>

Information on:- Our monthly meetings; how to join and interest groups information. Our Webmaster, **Steve** would particularly welcome comments, ideas, photos and group updates. Please contact him either on stevebar555@yahoo.co.uk or edgamu3a.weebly.com.

Legal Helpline for U3A Members

24 hour legal helpline details are 0344 770 1040 quoting U3A Legal Helpline.

Executive Committee Members - general contact number 0115 974 5512

Sue Ambler	Refreshments	sue.ambler@icloud.com
Steve Barrett	Webmaster	stevebar555@yahoo.co.uk
Cherry Brandon	Business Secretary	c.brandon2@ntlworld.com
Michael Brandt	Membership Secretary	mikebrandt100@gmail.com
Richard Davis	Treasurer	richarddavis803@gmail.com
George Golledge	Publicity Team	gosh.golledge@ntlworld.com
Michael Groves	Group Co-ordinator	grovesfamily@hotmail.com
Bill Kelly	Vice Chair & Publicity Team	william.kelly60@ntlworld.com
Chris Shaw	Chairman, Speaker finder	chrisshaw20038@hotmail.com

Travel information - Buses to Morrisons stop - no:s 5 or 7 or the L/shopper buses.

If you know someone without transport, could you give them a lift there or back?

Do you have anything for the newsletter? Please mail the editor (Chris) by **27th Oct.**

Our websites are <http://edgamu3a.weebly.com> and www.nottsu3anetwork.org

If you are interested in shaping your future U3A, call/text **0790 607 2251**

or contact us via chrisshaw20038@hotmail.com

Group	Meetings	Leader(s)	Telephone	Email
Art Appreciation	3 rd Wednesday am	Roy Townsend	0115 923 5080	roy.townsend@btinternet.com
Book Club	2 nd Tuesday 2:30	Roy Townsend	0115 923 5080	roy.townsend@btinternet.com
Bridge	Every Tuesday 2:15	Ann Widdowson	0115 945 5025	annwid62@gmail.com
Crafts	1 st Monday 10-12am	Prue Brandt	0115 923 4383	pruebrandt@hotmail.com
Craft Project	3 rd Monday 10-12am	Susan Harding		susan.harding66@outlook.com
Family History	1 st Monday 2 pm	Ann W (annwid62@gmail.com) Paul H (phudson8@aol.com)		
French	3 rd Wednesday 11am	Terry Mayhew		terry.mayhew@nottingham.ac.uk
Gardening	1 st Thursday	Beverley (bevclare.bc@gmail.com) Sheila (sheilaburrows55@hotmail.com)		
History	2 nd & 4 th Monday 2:00 Meet at Meadow Covert	Paul Hudson Looking at Local History (a) West Bridgford, Edwalton & Gamston (b) Nottingham & suburbs Looking at World War Histories (especially effects on Notts & localities)	0115 923 1032	phudson8@aol.com
Music Appreciation	1 st Friday	Chris Shaw	0115 974 5512	chrisshaw20038@hotmail.com
Outings	see newsletter	Joan Mayhew		joanmayhew@hotmail.com
Painting	3 rd Thursday 10-12am	Josephine Cutts		etndil@icloud.com
Photography for fun	3 rd Monday 2 pm	Stan Darling		stan@darlings.org.uk
Scrabble	3 rd Monday 2 pm	Sue Brittain	0115 937 4751	suebrittain@hotmail.co.uk
Singing for fun	2 nd Wednesday	Chris Shaw	0115 974 5512	chrisshaw20038@hotmail.com
Spanish	2 nd & 4 th Monday 11am	Janet Fishel		janetfishel@yahoo.com
Stamp Collecting		John Todd	0115 914 7074	johnh.todd@yahoo.co.uk
Wine Tasting	4 th Wednesday 2pm	Richard Davis	0115 981 2970	richarddavis803@gmail.com
Writing for fun	1 st Thursday 10.30am	Pauline Barrett	0115 937 4817	paulinebarrett@hotmail.co.uk
Walking		Jean Hudson	0115 923 1032	egdu3awalks@gmail.com
Medium (4-7 miles)	2 nd Tuesday morning -	event details above or as advised		
Short (2-3 miles)	last Wednesday morning-	event details above or as advised		

For Groups you want to start up – contact Mike Groves, grovesfamily@hotmail.com.

Do you want to be part of a team to lead? We can help.

For venue details and to join a group please contact the Leader

Time table for regular group meeting

For groups not on this sheet please contact group leaders

	1 st Monday (2 nd)	1 st Tuesday (3 rd)	1 st Wednesday (4 th)	1 st Thursday (5 th)	1 st Friday (6 th)
a m	Craft			Writing for fun	
p m	Family History	Bridge	Music Appreciation (to talk)	Gardening (Arboretum)	Music Appreciation (to listen)
	2 nd Monday (9 th)	2 nd Tuesday (10 th)	2 nd Wednesday (11 th)	2 nd Thursday (12 th)	2 nd Friday (13 th)
a m	Spanish	Medium Walks	Singing for fun		
p m	History	Book Club Bridge		Main Meeting at GCHall	
	3 rd Monday (16 th)	3 rd Tuesday (17 th)	3 rd Wednesday (18 th)	3 rd Thursday (19 th)	3 rd Friday (20 th)
a m	Craft project		French Art Appreciation	Painting	
p m	Photography for fun Scrabble	Bridge			
	4 th Monday (23 rd)	4 th Tuesday (24 th)	4 th Wednesday (25 th)	4 th Thursday (26 th)	4 th Friday (27 th)
a m	Outings Spanish	October 31st Lunch 12	Short Walks		
p m	History	Bridge	Wine tasting		

Please check which date your meeting is on. October starts on a Sunday.