

## New Year Meeting 14<sup>th</sup> January

1.45 for 2.00 at the Gamston Community Hall (nr Morrisons)

### Speaker - Mike Newbold

Not just a Spare Part - The Life of a Television Extra

#### Happy New Year

**West Bridgford Ceilidh** - There are places on the Ceilidh (with a folk band) on 19<sup>th</sup> February - bring your own food and drink. Contact **Joan Mayhew** at [joanmayhew@hotmail.com](mailto:joanmayhew@hotmail.com) or 0115 945 5156 or Chris on 0790 607 2251 for details.

#### Speakers for 2016

We have an exciting list of professional speakers for the coming year:

14 <sup>th</sup> Jan	Mike Newbold - <i>Not just a Spare Part - The life of a Television Extra</i> He has been a television extra for over 10 years and has encountered some interesting and strange people. He talks about his experiences - the rules and regulations, the pitfalls, the jargon, the pay....	
11 <sup>th</sup> Feb	Cathy's Chocolates and Cakes - <i>Chocolate truffle making demonstration</i> With chance to buy hand-made chocolates afterwards. Just the thing to banish the winter blues.	
10 <sup>th</sup> Mar	Andy Stuart - <i>What Ruddy Cucumber!!</i> Journalist with the Post and Bygones Magazine - funny stories from a veteran journalist's notebook. Stories from his 40 years career in journalism as a news/sports/feature writer in regional and local newspapers and on local radio, plus a look back at Nottingham's past through the Bygones magazine. His book <i>Their Names Will Live On</i> , about local war heroes, is available (helping to raise money for the Royal British Legion).	
14 <sup>th</sup> Apr	Mike Storr - <i>Masters of Mirth</i> An affectionate look at some favourite Music Hall laughter makers. <ul style="list-style-type: none"> <li>• How Music Hall began.</li> <li>• Favourite characters - Robb Wilton, Stanley Holloway, Bernard Miles ....</li> <li>• Examples of their acts including their famous monologues</li> </ul>	
9 <sup>th</sup> Jun	AGM and Strawberry tea	
	Please note there will be no August meeting	

**LIVE, LAUGH & LEARN - BUT MOST OF ALL LAUGH !!!**



## Your Interest Groups and Events

If you want to start a group contact one of the committee, below or at a meeting. Do you have any ideas, especially if it is one you want to open? If you are not on email, please call/text 0790 607 2251 for information, giving a name and contact number.

### Active Groups

**Art Appreciation** We meet every third Wednesday but there has been a lot of variation on that to accommodate members. Some of the topics so far have been: David Hockney, The Pre-Raphaelite Brotherhood, JMW Turner, Leonardo da Vinci, Raphael, and next up, "What Is Art?" Locations rotate through members' houses. Please contact **Roy Townsend** on [roy.townsend@btinternet.com](mailto:roy.townsend@btinternet.com).

**Book Group** We meet once a month and we discuss the books that we have chosen in a relaxed setting. The next book is "Kane and Abel" by Jeffrey Archer on Tuesday 8<sup>th</sup> December. **There is no meeting in January** but we meet on 16<sup>th</sup> February to discuss "The Edge of Eternity" by Ken Follett. New members very welcome. Please contact **Roy Townsend** on [roy.townsend@btinternet.com](mailto:roy.townsend@btinternet.com).



**Bridge Group** This group continues to gain strength and several members who were complete beginners a year ago, can now play a hand of Bridge. Several more people put their names down at the Open Meeting. The next meeting will be held on Tuesday 1st December. We will next meet on 5<sup>th</sup> January. Please let me know if you are going to attend as we need to know for numbers. Contact is **Ann Widdowson** [annwid62@gmail.com](mailto:annwid62@gmail.com)

**Craft Group** The **Craft Group** have planned a timetable for the next few months as follows:

Monday Jan 4th: Card making techniques.  
Monday Feb 1st: Patchwork and Quilting.  
Monday March 7th: Sugarcraft for Easter.  
Monday April 4th: A re-look at crocheting.  
Date to be decided in May: Jewellery making.  
Monday June 6th: Cross stitch.



We have decided to meet at the Holy Spirit Social Centre for the next few months while we see if our increasing numbers stabilise. Currently we have 23 listed members and any new expressions of interest will need to be placed on a waiting list. Contact **Prue Brandt** on 0115 9234 383 or [pruebrandt@hotmail.com](mailto:pruebrandt@hotmail.com).

Editor's Note - could you be a leader for a second craft group?

**Creative Writing** 4 possible members have expressed an interest in joining this new group which is still in the planning stage. Pauline will be contacting those people separately to set up a meeting in the New Year to look at how they would like this might go forward, and how often and where to meet. If you would like your name added to the list then please email **Pauline** Barrett on [paulinebarrett@hotmail.co.uk](mailto:paulinebarrett@hotmail.co.uk). Contact 0115 937 4817.



**Family History Group** Our second **Family History** group meeting was held at the Meadow Covert on Monday 7th December. We soon got down to business and started to talk about our researches!

Many people seem to have Scottish ancestry and we will certainly need Paul's expert help on that research!

Brenda is researching her late husband's ancestry. With a very unusual name, seemingly centred around Bristol. We established that there were families of that name in the early 1800's in the village of Arlingham in Gloucestershire. An earlier mention of the name occurs in a Will of 1589.

**Family History Group continued** Jill is researching her father's family and discovered that her grandfather was born on Sanday Isle in the Orkney Islands. You can't get much further north in the British Isles than that!

Byron is following an interesting story of an ancestor, who was found to be an orphan in the 1851 Census, boarding at a school for orphans in London aged 11. He had been born in Pershore, Worcestershire. Byron has discovered that he died at the young age of 34 leaving a wife and small children. His next step is to acquire the Death Certificate to try and find the cause of death.

Terry is researching Irish ancestors. Terry have you looked at Ancestry's Irish records?

[Ireland, Civil Registration Marriages Index, 1845-1958](#)

[Ireland, Civil Registration Births Index, 1864-1958](#)

*Who Do You Think You Are? If you don't know come along to the next meeting and we will try and find out!*

Both Ann Widdowson and Paul Hudson are experienced researchers with differing backgrounds so some new ideas should be available. There is a "help" session at West Bridgford Library usually on the last Friday of the month 1.30 to 4.00 for those who cannot meet us on Monday. If you are interested in joining, contact **Ann Widdowson** on [annwid62@gmail.com](mailto:annwid62@gmail.com) or **Paul Hudson** 0115 923 1032 or [phudson8@aol.com](mailto:phudson8@aol.com).



Our next meeting will be held **Monday the 4th of January** at the Meadow Covert.

**French** This is an Improvers conversation group. We meet for a French chat twice a month on the first and third Wednesday morning at 11.00 in the Meadow Covert pub. We would welcome new members. If you are interested please contact **Cherry Brandon** at [c.brandon2@ntlworld.com](mailto:c.brandon2@ntlworld.com).

**History Group** Our next meeting at the Meadow Covert on Monday 11 January and we will be planning when to visit different parts of West Bridgford, Edwalton & Gamston for mini History Walks. We have had successful visits to see Richard III grave in Leicester, the Council House, Holme Pierrepont Hall and a walking tour around the historic streets of Newark upon Trent. West Bridgford Library has Tuesday slots each month for a History theme. Thanks to all the members for their input in the year, see you all in 2016.

- **26 January** 2.30 (£3) "**Nottinghamshire in the Time of Jane Austen**" - Chris Weir looking at life for the rich and poor;
- **29 March** 2.30 (3) "**Wild West (Bridgford)**" - dissent & disobedience from church court records.



Contact **Paul Hudson** 0115 923 1032 or [phudson8@aol.com](mailto:phudson8@aol.com).

**IT Group** A new IT group was launched in September and has got off to a good start. New members are very welcome. Contact **Mona Andrews** on [monaandrews@btinternet.com](mailto:monaandrews@btinternet.com).



**Lunch Club** We need a new leader for the lunch club - are you interested? Contact **Mike Groves** or **Chris**. We will give you all the help you need.

**Meditation** The meditation group meets every 4 weeks at Karen's house. If you are interested, contact **Karen Singleton** on 0758 718 1758 or [kay\\_christine@hotmail.com](mailto:kay_christine@hotmail.com).

**Music Appreciation** Apologies for the delay of the inaugural meeting - funeral got in the way. We will meet in the New Year on **Tuesday 12<sup>th</sup> January at 10** at Chris' house to discuss what we want to hear/see and a day and time for meetings. Please contact **Chris Shaw** on 0115 974 5512 or [chrisshaw20038@hotmail.com](mailto:chrisshaw20038@hotmail.com).



**Outings group** [Outings for 2016](#)

- **February 26<sup>th</sup> Friday - Ruddington Framework Knitters Museum** 11.30am approx. 2hrs, some stairs and small spaces. £4 guided tour.

- **March 17<sup>th</sup> Thursday - BBC Tour Free** evening tour 5.30 – 7.45. Maximum 12 people. Full but sign up as reserve and be first on list for next time.
- **March 21<sup>st</sup> Monday - Easter Pub Quiz.** 7 pm Meadow Covert £6.
- **April-Magic Lantern Theatre Tour**-date to be arranged. Approx 2 hrs £6.50.
- **May 13<sup>th</sup> Friday – Afternoon Tea Cruise on the boat the Trent Lady** 2hrs 2.30pm (board at 2pm) £14.50.
- **June 7<sup>th</sup> Tuesday – Bromley House Library Nottingham Guided Tour** 10.30am 2 hrs £6 need min 10. Stairs, no lift.
- **July 15<sup>th</sup> Friday – Eglantine Vineyard Bunny Tour** 2hrs 10.30am (involves approx 40 minutes outside and standing) £5 +£1 for tea/coffee.

Please sign up at general meetings. Contact **Joan Mayhew** at [joanmayhew@hotmail.com](mailto:joanmayhew@hotmail.com) or 0115 945 5156 to join or for information.

**Painting** There is now a waiting list of people wanting to join in, owing to the size of the room. We are enjoying using the media of our choice which includes acrylic, watercolour and graphite, and are developing a range of interests which we are working towards. Our “homework” for Christmas was “Winter Colours”. We meet in the morning of the third Thursday in the month and our next meeting is 21<sup>st</sup> January. Contact is **Josephine Cutts** on [etndil@icloud.com](mailto:etndil@icloud.com).

**Editor’s note** - If you are interested perhaps we could help you get a second group going?

**Photography** We meet on the third Monday of the month at members’ homes or on locations. We are all levels of ability, knowledge and equipment. We discuss different ways of improving our artistic and technical skills, use of equipment, subjects and the processing of images, all very relaxed, usually over a cup of tea or coffee.

This session has started with a review of the trinity of aperture, ISO (film speed) and shutter speed so that we may discover

- (a) why we are having problems;
- (b) how to become more adventurous;
- (c) how to include / exclude clutter from our images.



Contact **Peter Allsopp** 0115 921 5008 or email at [plaU3A@gmail.com](mailto:plaU3A@gmail.com).

**Poetry** With apologies – Peter is unable to lead meetings at present as he is recovering from a knee operation. Contact **Peter Knott** [peaknutt@btinternet.com](mailto:peaknutt@btinternet.com). 0115 981 0749. New members very welcome. Perhaps there is someone who could help?

**Scrabble** Due to Bridge/Scrabble clash of timetable have altered the timing of the Scrabble meeting. It will now be held on the **3<sup>rd</sup> MONDAY of the month**, 2 – 4 pm. We meet at members’ houses on a rota basis. We play for fun but are always playing to win obviously. No records of wins or scores is kept. Contact **Sue Brittain** on [suebrittain@hotmail.co.uk](mailto:suebrittain@hotmail.co.uk).

**Spanish** This is a Beginners group. We meet twice a month, normally on the second and fourth Monday morning from 11.00 to 12.30 in the Meadow Covert pub. Please contact **Janet Fishel** on [janetfishel@yahoo.com](mailto:janetfishel@yahoo.com)

**Stamp Collecting Group** I lead the stamp collecting group. Initially a Philately group was requested but none of us have that level of knowledge. Instead we each have a collection of stamps we collected when young or inherited hence "stamp collecting". Next meeting will be at the end of the month. Contact **John Todd** on [johnh.todd@yahoo.co.uk](mailto:johnh.todd@yahoo.co.uk).



**Walking Groups – Short and Medium** Every month there are two walks a Medium (4 – 7 miles) and a Short Walk (2 – 3 miles), normally 3<sup>rd</sup> Tuesday and 4/5<sup>th</sup> Wednesday mornings respectively. Our thanks to Jean Hudson. We have thoroughly enjoyed the walks and the good company. If you would like to join us please contact **Jean Hudson** [egdu3awalks@gmail.com](mailto:egdu3awalks@gmail.com) or ring 0115 923 1032.

**Wine Tasting Group** The Wine Group meets on the 4<sup>th</sup> Wednesday of each month at 2pm in Holme Pierrepont & Gamston Village Hall. As a result of our successful Open Day in November we now have a group of around 20 enthusiastic tasters but welcome new members. Our main objective is to improve our knowledge of wines whilst ensuring we thoroughly enjoy ourselves. We are currently working through the French wine regions and over the coming months will be tasting/reviewing Bordeaux, Chablis & Languedoc. Our next meeting is on Wednesday 27<sup>th</sup> January 2016. We will be having a blind tasting of supermarket wines looking particularly at the value of Aldi & Lidl. Contact **Richard Davis** on 0115 981 2970 or [richarddavis970@btinternet.com](mailto:richarddavis970@btinternet.com).

## U3A National Office Newsletter – 2016 Events

Birmingham Concert 12<sup>th</sup> February, 3<sup>rd</sup> April and 2<sup>nd</sup> July

Vaccination at the Jenner Museum 9<sup>th</sup> March

The Importance of Being Earnest 15<sup>th</sup> March

Ri Lectures 17<sup>th</sup> March £20 per ticket

Science Talk 11<sup>th</sup> April at the School of Science, Birbeck College Free event

National Summer Schools, Royal Agricultural College 8<sup>th</sup> – 11<sup>th</sup> August and 15<sup>th</sup> – 18<sup>th</sup> August

Log in to the members' area of [www.u3a.org.uk](http://www.u3a.org.uk) and visit the Events page to view all our current events and book, and also opt in to receive this newsletter directly.



## Summer School 2016

The Summer school will begin with Dinner on the Tuesday evening, 16 August and run until lunch time on Friday 19 August. We plan to run 7 or 8 courses across the range disciplines listed in this brochure. Delegates will be asked to indicate their preference for the course they wish to attend. Places will be allocated on a first come first served basis on receipt of a completed application form and deposit. The cost per delegate for the Summer School, in en-suite rooms, including dinner on the Tuesday evening is estimated at £225. Any additional costs, eg visits which are part of a particular programme, will be paid at Registration.

**Courses**

- [Below Stairs in Country Houses](#)
- [Churches: their architecture and changing function](#)
- [Digital Scrapbooking: a way to share photos](#)
- [Gardening: the ultimate downsize](#)
- [Lawrence, Landscape and Literature](#)
- [Environmental studies](#)
- [Walking and Wildlife](#)

**Registering an interest** You can register your interest by signing the sheet at the Regional Conference or by sending your full name, U3A, preferred course and email address to [chrisshaw20038@hotmail.com](mailto:chrisshaw20038@hotmail.com). Those without an email address can ring 0115 974 5512

**How to apply** Detailed information about the individual courses on the Regional website or from Chris Shaw. Application form with £75 non-refundable per person deposit, to be returned to Chris Shaw, 28 North Road, West Bridgford, Nottingham NG2 7NG as soon possible. Places will be allocated on a first come, first served basis.

### Legal Helpline Update

National Office has sourced a new provider.

**Arc Legal Assistance in partnership with Irwin Mitchell Solicitors**

**Telephone number 0344 770 1040**

**Quote - U3A Legal Helpline**

I am not usually given to putting recipes in newsletters, but this (from a charity cookbook) seemed too good to miss.

## Turkey with Cranberry Glaze

*Ingredients* 1 wife with migraine  
1 undomesticated husband  
1 oven ready turkey  
1 frozen, uncooked cranberry pie

Place unsuspecting turkey in the hot oven at 25 min per lb.

Unwisely, tiptoe into darkened bedroom to ask about a pudding.

Told, **LOUDLY**, to get a \*\*\*\* frozen pie out, cover with tinfoil and place on topshelf of oven!

Against orders, remove pie from tinfoil base and place pastry directly on topshelf of oven.

After 30 minutes, check oven, to find pie not on topshelf of oven.

Serve turkey with cranberry glaze and en crouete latticework, with gravy or custard, to taste.

## ALL THE BEST FOR 2016

**EGDU3A Website** <http://edgamu3a.weebly.com>

Information on:- Our monthly meetings; how to join and interest groups information. Our Webmaster, Steve would particularly welcome comments, ideas, photos and group updates. Please contact him either on [stevebar555@yahoo.co.uk](mailto:stevebar555@yahoo.co.uk) or [edgamweb@yahoo.com](mailto:edgamweb@yahoo.com).

### Legal Helpline for U3A Members

24 hour legal helpline details are 0344 770 1040 quoting U3A Legal Helpline.

### Executive Committee Members - general contact number 0115 974 5512

Steve Barrett	Webmaster	<a href="mailto:stevebar555@yahoo.co.uk">stevebar555@yahoo.co.uk</a>
Cherry Brandon	Business Secretary	<a href="mailto:c.brandon2@ntlworld.com">c.brandon2@ntlworld.com</a>
Michael Brandt	Membership Secretary	<a href="mailto:mikebrandt100@gmail.com">mikebrandt100@gmail.com</a>
Richard Davis	Treasurer	<a href="mailto:richarddavis970@btinternet.com">richarddavis970@btinternet.com</a>
George Golledge	Publicity Team	<a href="mailto:gosh.golledge@ntlworld.com">gosh.golledge@ntlworld.com</a>
Michael Groves	Group Co-ordinator	<a href="mailto:grovesfamily@hotmail.com">grovesfamily@hotmail.com</a>
Bill Kelly	Vice Chair & Publicity Team	<a href="mailto:william.kelly60@ntlworld.com">william.kelly60@ntlworld.com</a>
Joan Mayhew	Outings Liaison	<a href="mailto:joanmayhew@hotmail.com">joanmayhew@hotmail.com</a>
Chris Shaw	Chairman	<a href="mailto:chrisshaw20038@hotmail.com">chrisshaw20038@hotmail.com</a>

**Travel information** - Buses to Morrisons stop - no:s 5 or 7 or the L/shopper buses.

If you know someone without transport, could you give them a lift there or back?

Do you have anything for the newsletter? Please mail the editor (Bill) by **31<sup>st</sup> January**.

Our websites are <http://edgamu3a.weebly.com> and [www.nottsu3anetwork.org](http://www.nottsu3anetwork.org)

If you are interested in shaping your future U3A, call/text **0790 607 2251**

or contact us via [chrisshaw20038@hotmail.com](mailto:chrisshaw20038@hotmail.com)

<b>Group</b>	<b>Meetings</b>	<b>Leader</b>	<b>Telephone</b>	<b>Email</b>
Art Appreciation	3 <sup>rd</sup> Wednesday am	Roy Townsend	0115 923 5080	roy.townsend@btinternet.com
Book Club	2 <sup>nd</sup> Tuesday 2:30	Roy Townsend	0115 923 5080	roy.townsend@btinternet.com
Bridge	Every Tuesday 2:15	Ann Widdowson	0115 945 5025	annwid62@gmail.com
Crafts	1 <sup>st</sup> Monday 10-12am	Prue Brandt	0115 923 4383	pruebrandt@hotmail.com
Creative Writing	Please contact leader	Pauline Barrett	0115 937 4817	paulinebarrett@hotmail.co.uk
Family History	1 <sup>st</sup> Monday 2 pm	Ann W/Paul H	see other entries	
French	1 <sup>st</sup> & 3 <sup>rd</sup> Wednesday 11am	Cherry Brandon		c.brandon2@ntlworld.com
History	2 <sup>nd</sup> & 4 <sup>th</sup> Monday 2:00 Meet at Meadow Covert	Paul Hudson Looking at Local History (a) West Bridgford, Edwalton & Gamston (b) Nottingham & suburbs Looking at World War Histories (especially effects on Notts & localities)	0115 923 1032	phudson8@aol.com
Meditation	every 4 weeks	Karen Singleton	0758 718 1758	kay_christine@hotmail.com
Music Appreciation	4 <sup>th</sup> Wednesday? 10am	Chris Shaw	0115 974 5512	chrisshaw20038@hotmail.com
Painting	3 <sup>rd</sup> Thursday 10-12am	Josephine Cutts		etndil@icloud.com
Photography	3 <sup>rd</sup> Monday 2 pm	Peter Allsopp	0115 921 5008	plaU3A@gmail.com
Poetry		Peter Knott	0115 981 0749	peaknutt@btinternet.com
Scrabble	3 <sup>rd</sup> Monday 2 pm	Sue Brittain	0115 937 4751	suebrittain@hotmail.co.uk
Spanish	2 <sup>nd</sup> & 4 <sup>th</sup> Monday 11am	Janet Fishel		janetfishel@yahoo.com
Stamp Collecting		John Todd	0115 914 7074	johnh.todd@yahoo.co.uk
Wine Tasting	4 <sup>th</sup> Wednesday 2pm	Richard Davis	0115 981 2970	richarddavis970@btinternet.com
Walking		Jean Hudson	0115 923 1032	egdu3awalks@gmail.com
Medium (4-7 miles)	normally 3 <sup>rd</sup> Tuesday 10 am		event details above or as advised	
Short (2-3 miles)	4 <sup>th</sup> /5 <sup>th</sup> Wednesday 10.30 am		event details above or as advised	

Leaders are still wanted for  
**Archaeology, Discussion, Gardening, Singing for Pleasure & Yoga.**

For venue details and to join a group please contact the Leader

**Time table for regular group meeting**

For groups not on this sheet please contact group leaders

	1 <sup>st</sup> Monday	1 <sup>st</sup> Tuesday	1 <sup>st</sup> Wednesday	1 <sup>st</sup> Thursday	1 <sup>st</sup> Friday
a m	Craft		French		
p m	Family History	Bridge			
	2 <sup>nd</sup> Monday	2 <sup>nd</sup> Tuesday	2 <sup>nd</sup> Wednesday	2 <sup>nd</sup> Thursday	2 <sup>nd</sup> Friday
a m	Spanish				
p m	History	Book Club Bridge		<b>Main Meeting</b>	
	3 <sup>rd</sup> Monday	3 <sup>rd</sup> Tuesday	3 <sup>rd</sup> Wednesday	3 <sup>rd</sup> Thursday	3 <sup>rd</sup> Friday
a m		Medium Walks	French Art Appreciation	Painting	
p m	Photography Scrabble	Bridge			
	4 <sup>th</sup> Monday	4 <sup>th</sup> Tuesday	4 <sup>th</sup> Wednesday	4 <sup>th</sup> Thursday	4 <sup>th</sup> Friday
a m	Spanish		Short Walks (4 <sup>th</sup> /5 <sup>th</sup> ) Music Appreciation?		
p m	History	Bridge	Wine Tasting		