



# Next Meeting

## 10<sup>th</sup> September



1.45 for 2.00 at the **Gamston Community Hall (nr Morrisons)**



**Speaker Trevor Dempsey - Pinewood to Hollywood**



### Chairman's letter – Happy Birthday Edwalton, Gamston and District U3A

It is one year since we started, so enjoy your birthday cake at the interval. In the spirit of nostalgia, I have attached the original newsletter from the September.

What have we done in the intervening time? Your committee and group leaders have certainly learnt a lot in the past year from the school of hard knocks and experience. You have joined in with enthusiasm and stepped up to the plate with initiating groups and events. We have a varied and lively calendar of events and professional speakers for this year; we have many active groups and no doubt you will venture upon more in the course of this year. Special thanks go to those of you who started these – we must all make sure that we chip in and help as we can. Our volunteers have done a great job in ensuring the smooth running of meetings. We do need more of you – greeting people, serving refreshments, helping with the Outings Group, delivering a newsletter to someone local to you, putting up a poster, distributing leaflets ... however small a contribution, it will be a terrific help. We are a self-help group and whilst we appreciate you have busy lives to lead, so do we all.

We have an exciting year in prospect – other groups are starting already and we are having a publicity drive to link up with the November Open meeting, which will be a welcome chance to see what activities we have in place and what interest groups can be set up.

Come along to the meeting and hear Trevor, our speaker talking about the glitzy world of film. Watch out for our new groups, leaders will be at the meeting to give information and take contact details.

*Chris Shaw*

### Dates for your diary

**Leaflets and recruiting** We will be having a big recruitment drive around Bridgford centre on the market days of **10<sup>th</sup> and 24<sup>th</sup> October** and are negotiating with Morrisons for the weekends of **31<sup>st</sup> October and 7<sup>th</sup> November**. If you are willing to help for an hour or so, please contact **George Golledge** on [gosh.golledge@ntlworld.com](mailto:gosh.golledge@ntlworld.com)

George has printed some leaflets for distribution at the weekend drives and to anyone you know or any contact points (like doctors' or dentists' surgeries, churches, etc). They will be available at the meetings or we can drop some off to you.

## Speakers for 2015/6

We have an exciting list of professional speakers for the coming year:

10 <sup>th</sup> Sep	Trevor Dempsey – <i>Pinewood to Hollywood</i> An entertaining talk of memories of the people he has met from the world of Entertainment and Sport Stars of stage, screen and radio he has talked to, (including recordings). (Anna Neagle, Norman Wisdom, Stan Matthews, Jane Fonda and many more).	
8 <sup>th</sup> Oct	Ian Morgan – <i>Olde Time Punishments</i> The strange and curious world of olde time punishments is something to behold Listen to stories of ducking stools and witches, the pillory and perjurers and many more. How do you punish the dead, a horse and cart or a train? What is a deodand or a Newcastle cloak? The answers are here. <i>Also MacMillan Coffee Morning Stall</i>	
12 <sup>th</sup> Nov	Open Meeting A chance to find out about the Groups, ask questions, see their display tables, sample their wares. Also Crime Prevention – Community Police stall	
10 <sup>th</sup> Dec	Bevox – <i>Concert of Xmas music</i> (performed at Beeston U3A last year) A varied mix of seasonal and well known items, sung with harmony and rhythm – plus a great sense of fun.	
14 <sup>th</sup> Jan	Mike Newbold – <i>Not just a Spare Part - The life of a Television Extra</i> He has been a television extra for over 10 years and has encountered some interesting and strange people. He talks about his experiences – the rules and regulations, the pitfalls, the jargon, the pay....	
11 <sup>th</sup> Feb	Cathy's Chocolates and Cakes – <i>Chocolate truffle making demonstration</i> With chance to buy hand-made chocolates afterwards. Just the thing to banish the winter blues.	
10 <sup>th</sup> Mar	Andy Stuart – <i>What Ruddy Cucumber!!</i> Journalist with the Post and Bygones Magazine – funny stories from a veteran journalist's notebook. Stories from his 40 years career in journalism as a news/sports/feature writer in regional and local newspapers and on local radio, plus a look back at Nottingham's past through the Bygones magazine. His book <i>Their Names Will Live On</i> , about local war heroes, is available (helping to raise money for the Royal British Legion).	
14 <sup>th</sup> Apr	Mike Storr – <i>Masters of Mirth</i> An affectionate look at some favourite Music Hall laughter makers. <ul style="list-style-type: none"> <li>• How Music Hall began.</li> <li>• Favourite characters - Robb Wilton, Stanley Holloway, Bernard Miles ....</li> <li>• Examples of their acts including their famous monologues</li> </ul>	
12 <sup>th</sup> May	Watch this space ..... Do you have any speakers you would recommend?	
9 <sup>th</sup> Jun	AGM and Strawberry tea	
	Please note there will be no August meeting	

**New Members Corner** There will be a corner of the refreshments area for members at our main meetings where you can find out more about the U3A and its activities/groups. Open to new and seasoned members alike.

**Thank you** to Joan for the Pub quiz at the Meadow Covert on the 24th August. The event was well attended and the evening was very successful. The evening raised £30 for our U3A funds. Joan's efforts contributed greatly to the success of the evening.

## Your Interest Groups and Events

We still need group leaders. It is not difficult and duties should be shared by members of the groups. **If you want to start a group** contact one of the committee, below or at the meeting. Do you have any ideas, especially if it is one you want to open? If you are not on email, please call/text 0790 607 2251 for information, giving a name and contact number.

### Launching New Groups

#### Painting

Josephine is happy to start a painting group. "I anticipate that there will be an initial meeting to discuss dates, times, venues and what any participants would like to work on. I have been teaching painting and drawing for thirty plus years and though I don't expect that there will be any formal structure to the group I will be there to assist people with their own projects ie suggestions, ideas, advice and/or techniques. The above will be show cased at the September Meeting".

If people who are interested in joining put their names down on a list with contact details, preferably email, I will be in touch to arrange a get together. Contact **Josephine Cutts** on [etndil@icloud.com](mailto:etndil@icloud.com).

**Music Appreciation** There has been an interest in music and if you could let John or Chris know what you would like to hear/see we can set up a group. Please contact **John Todd** on [johnh.todd@yahoo.co.uk](mailto:johnh.todd@yahoo.co.uk) and copy **Chris Shaw** on [chrisshaw20038@hotmail.com](mailto:chrisshaw20038@hotmail.com).

#### Writers' Group

I wondered if any members of the new Gamston U3A might be interested in joining if I offered to lead a Writers' Group. Once a month would be ideal to give the brain time to think, plan and write something on a chosen topic. Some pieces of poetry are produced too.

I already am the organiser of another group locally and will just give you a flavour of what we do there there, but anyone wanting to join a new group might have other ideas, which would be very welcome. We all chip in with ideas of topics or themes and plan meetings in advance. For example, 'Rhubarb' was a recent theme, which was enthusiastically challenging. Two stories produced included Rhubarb growing in the garden and being used for pies, and a little bit of scrumping from a neighbour - both fun stories. Then there is that time when words fail you and the words 'Rhubarb, Rhubarb, Rhubarb' are a wonderful way of getting round that memory problem!!

We give positive feedback to each other and have much fun and laughter too, especially when there is time left to do a little bit of joint writing as well, each choosing a word and then writing a sentence or two to incorporate them all before reading them out. It really does finish off a good session. SO with Autumn almost upon us and the prospect of Winter to come, why not get those brain cells working and think about doing a spot of writing! Days, dates and times still to be decided."

Contact **Pauline Barrett** on [paulinebarrett@hotmail.co.uk](mailto:paulinebarrett@hotmail.co.uk)

**Family History Group** Would you be interested in a Family History Group? If so, contact Ann Widdowson on [annwid62@gmail.com](mailto:annwid62@gmail.com).

### Active Groups

**Art Appreciation** We meet every third Wednesday but there has been a lot of variation on that to accommodate members. Some of the topics so far have been: David Hockney, The Pre-Raphaelite Brotherhood, JMW Turner, Leonardo da Vinci, Raphael, and next up, "What Is Art?" Locations rotate through members' houses. Please contact **Roy Townsend** on [roy.townsend@btinternet.com](mailto:roy.townsend@btinternet.com).

**Book Group** We meet once a month and we discuss the books that we have chosen in a relaxed setting. The next book is Norman Mailer's *The Armies of The Night* on Tuesday 13<sup>th</sup> October. Please contact **Roy Townsend** on [roy.townsend@btinternet.com](mailto:roy.townsend@btinternet.com). New members very welcome.

**Bridge Group** The Bridge Group meets every Tuesday afternoon at 2.15pm. It is generally held at the home of Jeremy and Josephine Cutts at Village Street, Edwalton. We are progressing well but would welcome newcomers. If you can play Bridge and would like to join us for the occasional game that would be fine too. Please contact me - **Ann Widdowson** [annwid62@gmail.com](mailto:annwid62@gmail.com)

**Craft Group** At our September meeting the Craft Group are going to look at ideas for Christmas. We will pool information and instructions/patterns so that we can get our projects underway well ahead of the festive season. In October with guidance we shall start some basic jewellery making.

Our November meeting is going to focus on patchwork quilting with a visitor coming to demonstrate her skills.

Our last meeting of the year in December will see us returning to our Christmas projects sharing both what we have completed and our final ideas.

In the New Year we are planning to look at Sugar Craft with a practical session giving us an opportunity to try this for ourselves.

New members are always welcome. Please contact **Prue Brandt** on 0115 9234 383 or on [pruebrandt@hotmail.com](mailto:pruebrandt@hotmail.com).

**Creative Writing** A meeting is to be set up at a later date, depending on demand. If anyone is interested in joining the **Creative Writing/Writers' Group** please contact the Group Leader, **Pauline Barrett** on 0115 937 4817 or [paulinebarrett@hotmail.co.uk](mailto:paulinebarrett@hotmail.co.uk).

**French** This is an Improvers conversation group. We meet for a French chat twice a month on the first and third Wednesday morning at 11.00 in the Meadow Covert pub. We would welcome new members. If you are interested please contact **Cherry Brandon** at [c.brandon2@ntlworld.com](mailto:c.brandon2@ntlworld.com).

**History Group** We are a diffuse group finding our way together through history. Most of us wanting to look at local matters and (sometimes) how non-local items affected (and often changed) things for the locality.

Our meetings are normally held at the Meadow Covert on the second and fourth Monday afternoon between 2 pm and 4 pm.

We looked at Nottingham and the growth and change around the Old Market Square. This is an ongoing project with several people looking at specific buildings / trades from the Old Exchange to the New Exchange that became the Council House and Exchange Buildings in 1937. We had visited the Council House early in the year.

We are intending to spend some time on a walking tour of Newark to see how time and history have influenced and changed the buildings and trades in the Town Centre and environs.

We also intend to look at Bridgford's and Edwalton's buildings and we are drawing up a list of spots to visit and look around. We are also trying to arrange a visit to Holme Pierrepont Hall and Church.

At our last session in July we agreed to undertake a review of our visit to the Richard III Centre in Leicester (14 September). This is a one-off (for now) and may be picked up later. Then to decide upon the priorities and arrangements for our visit to Newark. The intended

date for Holme Pierrepont is 12 October but still to be confirmed by them. For events please contact **Paul Hudson** on [phudson8@aol.com](mailto:phudson8@aol.com), or 0115 923 1032 for details.

**IT Group** Due to a change in personal circumstances Steve Barrett is now no longer able to be the leader of this group. Therefore until an alternative leader is found, the start of the group will be further delayed. Could you help? If so contact [stevebar555@yahoo.co.uk](mailto:stevebar555@yahoo.co.uk).

**Lunch Club** Suggestions for a Spring, Summer, Autumn and Winter lunch season.

We can meet at the "West End" Restaurant in West Bridgford at 12 on the second Tuesday in September, December, March and June. At the moment, a 3 course carvery meal, excluding drinks, costs £7.75. I believe there is an option for just one course.

If you ring Nadine on 0790 467 0058 by the afternoon of the Tuesday the week before we are due to meet, she will book a table for our U3A group members.

Foodies - you can spread your knowledge, exchange recipes for the appropriate time of the year (eg Summer barbeque foods and favourite Christmas dishes). You can talk about restaurants you have enjoyed around the country and abroad or maybe tell us about something unusual you have eaten. To join or for information contact **Nadine** on [nadinemil@hotmail.com](mailto:nadinemil@hotmail.com) or 0790 467 0058. So the next lunch dates will be the 8<sup>th</sup> September and then 8<sup>th</sup> December for our Christmas Lunch.

**Outings group** There will a manned table at the main meeting in September, where you can sign up. There is a rolling programme of outings as below:-

- **September** - BBC Evening Tour Thursday 24<sup>th</sup> 5.30 - 7.45. Free. Fully subscribed but there may be another in the New year.
- **1<sup>st</sup> October** - Chatsworth House and Sotherby's Art in the grounds on 1<sup>st</sup> October. £30.50 for coach cost & entry. We need 16 to fill a minibus to give us the above price, if not we will have cancel. Please pay by/at the meeting on 10<sup>th</sup> September as I need to book at least 2 weeks in advance. Cheques made out to Edwalton, Gamston & District U3A please.
- **October** - National Civil War Museum, Newark Thursday 15<sup>th</sup>. All day. Car share or bus to reduce cost. Groups of 10+ get in for £5.40 (and age 65 or over). We have 8 people so far, so please sign up if interested. Pay on the day.
- **27<sup>th</sup> November** - the Good Food Show, Birmingham NEC. £35 for coach, entry and supertheatre seat.

Please keep checking the outings group table at the main meeting. Contact **Joan Mayhew** at [joanmayhew@hotmail.com](mailto:joanmayhew@hotmail.com) or 0115 945 5156 to join or for information.

**Photography** We are meeting regularly on the third Monday of every month at 2pm, usually at members' homes. We are all levels of ability, knowledge and equipment. We discuss different ways of improving our artistic and technical skills, use of equipment, subjects and the processing of images, all very relaxed, usually over a cup of tea or coffee.

We would welcome more members to join our group. If you have an interest in photography you would be very welcome to join us, please contact **Peter Allsopp** either by telephone on 0115 921 5008 or by email at [plaU3A@gmail.com](mailto:plaU3A@gmail.com).

**Poetry** With apologies - Peter is unable to lead meetings at present as he is recovering from a knee operation. Contact **Peter Knott** [peaknutt@btinternet.com](mailto:peaknutt@btinternet.com). 0115 981 0749. New members very welcome.

**Scrabble** We meet at members' house on a rota basis on the third Tuesday afternoon at 2:00 pm. At present we have 5 members, including myself who come on a regular basis. You can add that we play for fun but are always playing to win obviously, that no record of wins or scores is kept. Please contact Sue Brittain on [suebrittain@hotmail.co.uk](mailto:suebrittain@hotmail.co.uk)

**Short and Medium Walks** Walks in September will be as follows:-

- Medium distance** 15th September: meet Wharf Lane carpark RoT 10am Radcliffe to Shelford circular. Distance approx. 6miles including field paths.  
Boots and waterproof clothing (dependent on weather) recommended
- Short distance** 23rd September: meet Gamston Community Hall 10.30am car sharing for travel to start. Walk through Bunny Wood approx. 3miles.

Contact **Jean Hudson** [egdu3awalks@gmail.com](mailto:egdu3awalks@gmail.com) or 0115 9231032.

**Spanish** This is a Beginners group. We meet twice a month, normally on the second and fourth Monday morning from 11.00 to 12.30 in the Meadow Covert pub. Please contact **Janet Fishel** on [janetfishel@yahoo.com](mailto:janetfishel@yahoo.com).

**Stamp Collecting Group** I lead the stamp collecting group. Initially a Philately group was requested but none of us have that level of knowledge. Instead we each have a collection of stamps we collected when young or inherited hence "stamp collecting". Next meeting will be at the end of the month. Contact **John Todd** on [johnh.todd@yahoo.co.uk](mailto:johnh.todd@yahoo.co.uk).

**Wine Tasting Group** The Wine Group meets on the 4th Wednesday of each month at 2pm in Holme Pierrepont & Gamston Village Hall. We have a regular group of around 8 enthusiastic tasters but welcome new members. Our main objective is to improve our knowledge of wines whilst ensuring we thoroughly enjoy ourselves. We are currently working through the French wine regions. Our next meeting is on the 23rd September when we will be sampling wines of the Cotes du Rhone together with a short presentation on the wines, history, food & geography of the area. Contact **Richard Davis** on 0115 981 2970 or [richarddavis970@btinternet.com](mailto:richarddavis970@btinternet.com).

**EGDU3A Website** <http://edgamu3a.weebly.com>

Information on:-

- When and where our main monthly meetings are and who our speakers are,
- How to join and information about the interest groups.

Our Webmaster, Steve would particularly welcome comments, ideas, photos and group updates. Please contact him either on [stevebar555@yahoo.co.uk](mailto:stevebar555@yahoo.co.uk) or [edgamweb@yahoo.com](mailto:edgamweb@yahoo.com).

**Executive Committee Members - general contact number 0115 974 5512**

Steve Barrett	Webmaster	<a href="mailto:stevebar555@yahoo.co.uk">stevebar555@yahoo.co.uk</a>
Cherry Brandon	Business Secretary	<a href="mailto:c.brandon2@ntlworld.com">c.brandon2@ntlworld.com</a>
Michael Brandt	Membership Secretary	<a href="mailto:mikebrandt100@gmail.com">mikebrandt100@gmail.com</a>
Richard Davis	Treasurer	<a href="mailto:richarddavis970@btinternet.com">richarddavis970@btinternet.com</a>
George Golledge	Publicity Team	<a href="mailto:gosh.golledge@ntlworld.com">gosh.golledge@ntlworld.com</a>
Michael Groves	Group Co-ordinator	<a href="mailto:grovesfamily@hotmail.com">grovesfamily@hotmail.com</a>
Bill Kelly	Vice Chair & Publicity Team	<a href="mailto:william.kelly60@ntlworld.com">william.kelly60@ntlworld.com</a>
Peter Knott	Speaker Seeker	<a href="mailto:peaknutt@btinternet.com">peaknutt@btinternet.com</a>
Joan Mayhew	Outings Liaison	<a href="mailto:joanmayhew@hotmail.com">joanmayhew@hotmail.com</a>
Chris Shaw	Chairman	<a href="mailto:chrisshaw20038@hotmail.com">chrisshaw20038@hotmail.com</a>

**Travel information** - Buses to Morrisons stop - no:s 5 or 7 or the L shopper buses.  
If you know someone without transport, could you give them a lift there or back?

Do you have anything for the newsletter? Please mail the editor (Bill) by 25<sup>th</sup> September.

You can find information about us on the U3A website [www.nottsu3anetwork.org](http://www.nottsu3anetwork.org)

Our own dedicated website is <http://edgamu3a.weebly.com/>

If you are interested in shaping your future U3A, call/text **0790 607 2251**

or contact the secretary via [chrisshaw20038@hotmail.com](mailto:chrisshaw20038@hotmail.com)

**Subscription enquiries for 2015/6 please contact our membership secretary Mike Brandt [mikebrandt100@gmail.com](mailto:mikebrandt100@gmail.com) or at the meetings.**

<b>Group</b>	<b>Meetings</b>	<b>Leader</b>	<b>Telephone</b>	<b>Email</b>
Art Appreciation	3 <sup>rd</sup> Wednesday 2:30	Roy Townsend	0115 923 5080	roy.townsend@btinternet.com
Book Club	2 <sup>nd</sup> Tuesday 2:30	Roy Townsend	0115 923 5080	roy.townsend@btinternet.com
Bridge	Every Tuesday 2:15	Ann Widdowson	0115 945 5025	annwid62@gmail.com
Crafts	1 <sup>st</sup> Monday 10-12am	Prue Brandt	0115 923 4383	pruebrandt@hotmail.com
Creative Writing	Please contact leader	Pauline Barrett	0115 937 4817	paulinebarrett@hotmail.co.uk
French	3 <sup>rd</sup> Wednesday	Cherry Brandon		c.brandon2@ntlworld.com
History	2 <sup>nd</sup> & 4 <sup>th</sup> Monday 2:00 Meet at Meadow Covert	Paul Hudson	0115 923 1032	phudson8@aol.com
		Looking at Local History (a) West Bridgford, Edwalton & Gamston (b) Nottingham & suburbs Looking at World War Histories (especially effects on Notts & localities)		
Photography	3 <sup>rd</sup> Monday 2:00	Peter Allsopp	0115 921 5008	plaU3A@gmail.com
Poetry	possibly September	Peter Knott	0115 981 0749	peaknutt@btinternet.com
Meditation				
Scrabble	3 <sup>rd</sup> Tuesday 2:00	Sue Brittain	0115 937 4751	suebrittain@hotmail.co.uk
Spanish	2 <sup>nd</sup> & 4 <sup>th</sup> Monday 11am	Janet Fishel		janetfishel@yahoo.com
Stamp Collecting		John Todd	0115 914 7074	johnh.todd@yahoo.co.uk
Wine Tasting	4 <sup>th</sup> Wednesday	Richard Davis	0115 981 2970	richarddavis970@btinternet.com
Walking		Jean Hudson	0115 923 1032	egdu3awalks@gmail.com
Medium (4-7 miles)	normally 3 <sup>rd</sup> Tuesday 10 am		event details above or as advised	
Short (2-3 miles)	4 <sup>th</sup> /5 <sup>th</sup> Wednesday 10.30 am		event details above or as advised	

Leaders are still wanted for  
**Archaeology, Discussion, Gardening, IT, Singing for Pleasure & Yoga.**

*New Groups are starting for  
**Book Club, Family History, Music appreciation, Painting, Writing.***

For venue details and to join a group please contact the Leader

## Time table for regular group meeting

For groups not on this sheet please contact group leaders

	1 <sup>st</sup> Monday	1 <sup>st</sup> Tuesday	1 <sup>st</sup> Wednesday	1 <sup>st</sup> Thursday	1 <sup>st</sup> Friday
a m	Craft				
p m		Bridge			
	2 <sup>nd</sup> Monday	2 <sup>nd</sup> Tuesday	2 <sup>nd</sup> Wednesday	2 <sup>nd</sup> Thursday	2 <sup>nd</sup> Friday
a m	Spanish				
p m	History	Book Club Bridge		<b>Main Meeting</b>	
	3 <sup>rd</sup> Monday	3 <sup>rd</sup> Tuesday	3 <sup>rd</sup> Wednesday	3 <sup>rd</sup> Wednesday	3 <sup>rd</sup> Friday
a m		Medium Walks	French		
p m	Photography	Bridge Scrabble	Art Appreciation		
	4 <sup>th</sup> Monday	4 <sup>th</sup> or 5 <sup>th</sup> Tuesday	4 <sup>th</sup> Wednesday	4 <sup>th</sup> Thursday	4 <sup>th</sup> Friday
a m	Spanish	Short Walks			
p m	History	Bridge	Wine Tasting		